

THE ART & SCIENCE OF INTEGRATIVE NURSE COACHING

As health care shifts from a disease-oriented system to one proactively focused on wellness, health promotion, and lifestyle and behavioral change, nurses are seeking new directions in expanding their professional practice. An Integrative Nurse Coach is an essential partner in successfully assisting people toward attainable and sustainable healthy behaviors. New research on improved health outcomes and cost savings offer opportunities for nurses who incorporate coaching into their professional practice. Nurse coaching is now a nationally recognized board certification (NC-BC) through the American Holistic Nurses Credentialing Corporation.

Designed for RNs and NPs practicing in diverse clinical specialties, this one-day program provides a strong foundation through evidence based methodologies and through experiential learning.

Join us for an exciting day of creating a community of nurses with a vision for healing and transforming healthcare.



In this program, you will:

- Examine the Integrative Nurse Coach (INC) role for promoting healthy lifestyle behaviors
- Analyze the Nurse Coach Process
- Describe new coaching skills to integrate into your practice
- Experience using the Integrative Health and Wellness Assessment TM (IHWA) tool in coaching sessions
- Discuss the role of Self-Care in integrative nursing

If you are looking for information on how to become Board Certified as a Nurse Coach, want to enhance your own self-care, or are seeking new directions in your nursing practice to support patients in co-creating healthier lifestyles,

Join us in Arlington, VA on November 1st!

**ALLEGRA Learning Solutions, L.L.C. is accredited as a provider of continuing nursing education by the American Nurses' Credentialing Center's Commission on Accreditation.



Learn with International Nurse Coach Association Associate Faculty

-Jan Booth, RN, BSN, NC-BC

-Karen Avino, EdD, RN, AHN-BC, HWNC-BC



DATE & TIME:

November 1st, 2014

9:30 AM - 4:30 PM

6.5 CEUs**

LOCATION:

Carpenter Hall

Rock Spring UCC Church

5010 Little Falls Road

Arlington, VA 22207

REGISTRATION FEE:

\$99



REGISTER TODAY!

Please e-mail your name, degree(s), phone number, and address to LivingWellNurseCoaching@gmail.com
Payment will then be requested via PayPal or personal check

FOR MORE INFORMATION OR TO REGISTER

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